

A 35 year old man comes in to A&E c/o a swollen and painful L wrist. It turns out he had fallen off a horse and landed on the palm of his hand as he tried to save himself from falling.

Name 6 possible bony injuries. 3 points

What are the next 3 steps in your management of this type injury? 2 points

Because you are in a DGH and it is now midnight, you are unable to get a X-ray without a warrant from the minister of Health. You therefore decide to put a backslab on the patient and tell him to return in the morning for imaging. The patient turns up 4 hours later in agony, he can't move his fingers now and can't sleep because of the pain. What would you do first? 1 point

Describe your management of the patient afterwards. 4 points