

Sexual History

Instruction for examiner

Assessment objectives

- 1. Ability to take a sexual history**
- 2. Immediate management of an STD in a young adult male**
 - Brief the actor thoroughly. Try to ensure that he has enough information to enable him to answer all the possible questions that the candidate may ask.
 - Intervene only if the candidate is running out of time and has not yet discussed the possible diagnosis or immediate management with the patient. Ask the candidate to explain his/her thoughts to the patient.

Examiner prompt

Please take a history from this patient. When you have finished taking a history, tell the patient the likely diagnosis and treatment required.

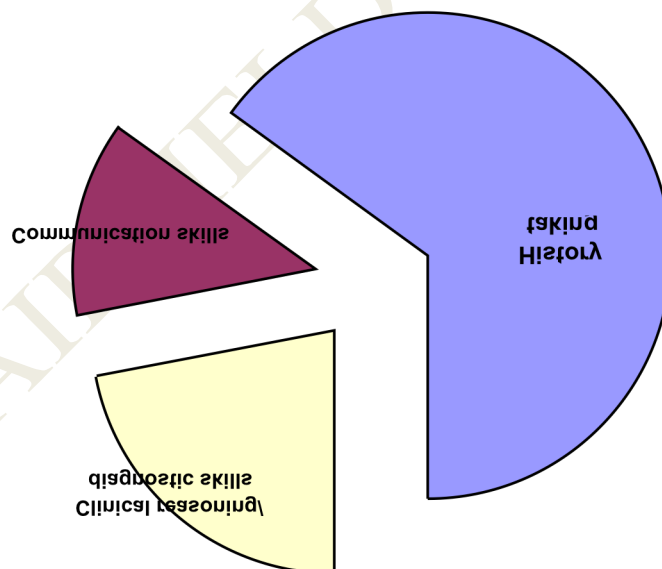
Instructions to candidate:

A man in his twenties presents to the Emergency Department complaining of dysuria. He has no associated abdominal pain and is systemically very well. Urinalysis is normal.

Candidate tasks:

- Take a history from the patient.
- At the end, explain the possible diagnosis to the patient, and outline your immediate management.

Examiner role – observer only



Instructions for actor:

The Situation

You have contracted a minor Sexually Transmitted Disease during a single drunken encounter with a male friend. The infection can easily be treated with antibiotics.

You are not gay and this was a one off drunken mistake. If you do not have sexual contact with your wife until treatment is finished she will not contract the infection and does not need to know anything about it.

You should be referred to the local STD clinic and your friend should be informed so that he can be treated as well as you. This will prevent further spread of infection.

Your symptoms

For the past 24 hours you have noticed a burning sensation in your penis when you pass urine. You feel generally well within yourself but as you have never experienced this problem before are feeling a little concerned and would like the probable cause of the discomfort explained.

You have not noticed any pain in your back, abdomen or testicles.

Your urine is a normal colour (pale yellow) and doesn't smell. It is not cloudy, and you have not seen any blood. You are not passing urine frequently and your stream is normal and you are passing normal amounts.

There is a slight clear discharge from your penis.

You have not noticed any swelling, blisters, rash or ulcers on your genitalia.

Your Sexual History

You are a married man in your twenties. You have unprotected sex with your wife. She takes the oral contraceptive pill as neither of you is yet ready to start a family.

Five days ago you went to a gay bar with an old friend of yours, who is gay. You have never done this before and because you felt quite anxious you got very drunk. In your inebriated state you allowed your friend to perform unprotected oral sex on you. This was the only sexual activity that occurred.

You deeply regret what happened, are very embarrassed and suspect that the pain when you pass urine is in some way related. He, and your wife, are your only sexual partners in the past year.

Your concerns

You have not had sex with your wife (or anyone else) since this has happened, as you are concerned that you have a sexually transmitted disease that you could pass on.

You are not really concerned about HIV/AIDS or Hepatitis B as you know your gay friend very well and he is definitely not HIV/Hep B positive (he has regular tests)

You would like to get the whole thing sorted out without having to involve your wife and ask the doctor if this is possible if he/she does not offer advice about this.

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The Candidates

They will all be different and may ask varied questions. If they ask about a symptom that is *not* included in your briefing: **you do not have it.**

You are embarrassed but will tell the truth if asked directly because you want to sort the problem out. Only offer information if you are asked a direct question.

The only question you should ask is whether your wife has to be involved, if the candidate has not already covered the issue.

Please read the mark sheet so that you know what the candidate gets a mark for; you should not volunteer information that they get a mark for asking about.

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Mark Sheet

Adequate = seen clearly to perform the action in a correct way

Inadequate/not attempted = the action was not performed, or the technique was not correct.

Examiner Name Candidate Name

Candidate Number

	Adequate	Inadequate
Greets patient appropriately		
Clarifies the nature of the consultation/principle symptom		
Establishes time of onset of dysuria		
Clarifies the location of the pain [penis]		
Establishes lack of radiation of this pain		
Asks about pain during intercourse and/or ejaculation		
Asks about associated urinary symptoms – frequency, any blood noticed, colour, smell, quantity passed (3 = minimum for one mark)	2, 1, 0	
Asks about discharge		
Asks about other associated symptoms – ulcers, rash, blisters, fever, eye symptoms, joint pains (3 = minimum for one mark, must mention <i>discharge</i>)	2, 1, 0	
Asks about sexual partners over the last year – when, who	1, 0	
Enquires about any new sexual partner not yet declared		
Establishes the nature of the homosexual act – oral sex only	2, 0	
Establishes whether contact was known HIV/Hepatitis positive		
Establishes that the encounter involved unprotected sex – no condoms were used		
Establishes that the patient has not had sex with his wife since the casual encounter		
Asks if the patient's wife has reported any symptoms	2, 0	
Confirms that the patient's wife does not have to be informed of the exact circumstances		
Informs patient of need to use other protection until treatment finished or to abstain	2, 0	
Indicates to the patient that he may have contracted an STD	2, 0	
Indicates the need for referral to the GUM clinic for investigation management		
Explains the importance of contact tracing for anyone who has been in sexual contact with him since the incident including his wife		
Ensures understanding of importance of contact tracing		
Invites questions from the patient		
Global score (<i>please refer to global score grid</i>) Score out of 5		
Global score from role player (<i>please refer to global score grid</i>) Score out of 5		

Subjective standardisation

Pass

Borderline

Fail