Subungual Haematoma – MCEM January 08

Marking Criteria

Quick examination of the finger to confirm diagnosis	1	0		
Explain to patient that this is a common injury – known as subungual	1	0		
hematoma				
Explain that the severe pain is caused by bleeding under the nail with a	1	0		
build up of pressure under the nail.				
Explain that this can easily be treated by making a hole in the nail so that	1	0		
the blood can drain out, therefore relieving the pain.				
Offer pain medication but state that it will not work until after the	1	0		
procedure is done				
Offer a ring block, but explain that the procedure is very quick and not	1	0		
very painful so it might not be necessary				
As the patient requests a ring block, explain and demonstrate the process	2	1	0	
Prepare the equipment – alcohol swab / needle / flame (or cautery)	2	1	0	
Demonstrate how the procedure is done	2	1	0	
Explain that the area may continue to drain some blood in the next few	1	0		
hours				
States that the finger should have a dressing	1	0		
Consider X Ray to rule out underlying fracture as antibiotics would need to	1	0		
be prescribed				
Offers pain medication for discharge	1	0		
Asks the patient if he has any questions	1	0		
Explain that the hole formed in the nail will remain and grow out at the	1	0		
rate the nail grows. The nail may fall off.				

Global Score from Examiner

Please refer to global score grid – <i>score out of 5</i> 5 4 3 2 1

Global Score from Role Player

Please refer to global score grid – score out of 5	5	4	3	2	1	
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For Purpose of Research

Overall subjective view	Pass	Fail	
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